



Dr. Divina Lopez

Pediatrician & Parent Coaching

Room by Room



Baby Safety Checklist

Kitchen

- Stove Knobs Covers and Oven Door Lock
- Cabinet and Draw Locks
- Store Cleaning Products in High Cabinets
- Remove Table Cloths (baby pull on them)
- Store utensils and glass out of reach
- Poison Control Phone Number on Fridge and Cell (800) 222-1222

Bathroom

- NEVER LEAVE BABY UNATTENDED IN THE BATHROOM!!!!
- Latches for the Medicine Cabinet
- Toilet lock
- Thermometer for bath water
- Home thermostat should be set to 120 degrees F

Livingroom

- Non skid pad for rugs
- Soft cover pad for furniture with sharp edges
- Childproof outlet covers
- Tie up cords on blinds (strangling hazard)
- Tie up and conceal electrical cords
- Check doorstops: Caps are choking hazards

Nursery

- Thick Rug or Carpeting (cushion for falls)
- Safe Toy Box with Removable lid
- Finger Pinch Guard for hinges on doors
- Crib Safety: No pillows, blankets, stuffed animals or bumpers in the crib with baby
- Use safety belt when baby is on changing pad

Miscellaneous

- Safety Gates at the top and bottom of stair cases and any room that is off limits to baby!
- Make sure pet food is picked up after feeding your pet
- House plants should be non-toxic!
- Medicine bottles should have safety caps
- Store batteries away

Miscellaneous Con't

- Get low to the ground to see what your baby sees!
- Vacuum regularly to suck up small items
- Lock up the liquor cabinet!
- Covers on radiators and heating vents to prevent burns
- Get a first aid kit!